



7Oaks Swimming Club “Schools out For Santa” 2025
13th – 14th DECEMBER 2025 – SEVENOAKS LEISURE CENTRE
LICENSE NO. 3SE251986

7Oaks Swimming Club
SCHOOLS OUT FOR SANTA 2025
LEVEL 3
PROGRAMME

SATURDAY 13TH DECEMBER 2025

SESSION 1

Warm Up – TBC

Racing to commence TBC

Estimated end of session TBC

101	Female 400m IM
102	Male/Open 200m Butterfly
103	Female 200m Backstroke
104	Male/Open 50m Fly
105	Female 100m Breaststroke
106	Male/Open 50m Backstroke
107	Female 100 Freestyle

SUNDAY 14TH DECEMBER 2025

SESSION 3

Warm Up – TBC

Racing to commence – TBC

Estimated end of session – TBC

301	Male/Open 200m IM
302	Female 200m Breaststroke
303	Male/Open 200m Freestyle
304	Female 50m Freestyle
305	Male/Open 100m Back
306	Female 50m Breaststroke
307	Male/Open 100m Fly

SESSION 2

Warm Up - TBC

Racing to commence TBC

Estimated end of session TBC

201	Male/Open 400m IM
202	Female 200m Butterfly
203	Male/Open 200m Backstroke
204	Female 50m Fly
205	Male/Open 100m Breaststroke
206	Female 50m Backstroke
207	Male/Open 100 Freestyle

SESSION 4

Warm Up – TBC

Racing to commence TBC

Estimated end of session TBC

401	Female 200m IM
402	Male/Open 200m Breaststroke
403	Female 200m Freestyle
404	Male/Open 50m Freestyle
405	Female 100m Back
406	Male/Open 50m Breaststroke
407	Female 100m Fly