



**7Oaks Swimming Club**

**“Sprint into Spring Development Meet” 2026**

**16<sup>th</sup> May 2026 - Sevenoaks Leisure Centre**

**License number: 4SE260243**

**7Oaks Swimming Club**

**“Sprint into Spring Development Meet 2026”**

**Level 4**

**Promoter's Conditions**

**Venue:** Six lane 25m pool, electronic timing with scoreboard, anti-wave ropes, Omega wedge starting blocks & Backstroke starting ledges. Sevenoaks Leisure Centre, Buckhurst Lane, Sevenoaks, Kent, TN13 1LW

**Affiliations:** Sevenoaks Swimming Club is affiliated to Swim England Southeast Region & Kent ASA. The meet will be held under Swim England Laws, Regulations and Technical Rules of Racing and the Promoter's Conditions. The meet is licensed at Level 4 for all 50m strokes and 100IM and held under licence number 4SE250045. All 25m strokes will be unlicensed.

**Age Groups:** **The age groups are: 8,9,10,11,12, 13, 14 and over for all events.**

All swimmers must be registered as Club Train or Club Compete with Swim England.

**Ages are as of midnight on the date of the meet.**

The **Female category** is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category you confirm that the swimmer's birth sex is female.

The **Male/Open category** is for birth sex males and any other swimmer who is not eligible for the female category.

## Event Schedule:

<b>SESSION ONE</b>	
<b>Access to the Leisure Centre TBC (c.10.45am)</b> <b>Warm Up – TBC (will be split into 3 x 15min blocks)</b> <b>Racing to commence – TBC</b> <b>Estimated end of session – TBC</b>	
101	50m Backstroke – Licensed
102	25m Freestyle
103	50m Breaststroke - Licensed
104	25m Butterfly
105	100m Individual Medley (IM) - Licensed

  

<b>SESSION TWO</b>	
<b>Warm Up – TBC (will be split into 3 x 15min blocks)</b> <b>Racing to commence – TBC</b> <b>Estimated end of session – TBC (est. c6pm)</b>	
106	25m Backstroke
107	50m Freestyle - Licensed
108	25m Breaststroke
109	50m Butterfly - Licensed
110	100m Freestyle - Licensed

**Entries** Swimmers must have current 'Swim England', 'Scottish Swimming' or 'Swim Wales' membership to enter at either Club Train or Club Compete level.

Only entries from those clubs that have been invited to attend the Meet will be accepted. In accordance with the Licencing requirement of this meet a maximum of 8 clubs will be invited to attend the meet (this number to include 7Oaks Swimming Club).

Entries must be made via the Hy-Tek entry file, please email 'meetpromoter@sevenoakssc.org' for this file, the Entry Summary Sheet, and the poolside pass application form.

All electronic entries will be acknowledged with receipt confirmation. For emailed electronic entries, the sent date on the email will be classed as the date submitted.

## **NO LATE ENTRIES WILL BE ACCEPTED.**

It is the swimmers and entering club's responsibility to check the confirmed entry list and inform event management on 'galasec@sevenoakssc.org' of discrepancies or errors. This must be raised within 24 hours of the confirmed entries being published. Confirmed entries will be sent to the entering clubs contact email address along with the Payment Summary Sheet. All payments are to be made to 7Oaks Swimming Club within 7 days of receipt unless discrepancies are raised.

If there are spare lanes in the first heats of any events, the promoter may allow additional swimmers to swim in those empty lanes.

**Over-subscription:** In order to keep the session times within the pool time available, the number of entries may be restricted. Entries will be accepted on a first-come first served basis.

Clubs will be advised as soon as possible after the closing date if any entries are rejected. A list of accepted entries will be sent to all clubs along with an amended/updated invoice for accepted entries.

**Withdrawals:** This is a **sign-out** meet. Please notify the events team of any withdrawals by emailing the gala team on 'meetspromoter@sevenoakssc.org' before 5pm on Friday 15<sup>th</sup> May 2026.

No refund for entry fees will be made for withdrawals unless supported with a doctor's note. Where a medical withdrawal is necessary, the doctor's note will be accepted until **midday on the day before the start** of the meet. Withdrawals after this time will not be considered for refunds. No refunds will be given other than on medical grounds.

**Fees and Payment:** The entry fee shall be £7.50 per event (licensed events – 50m, 100 F/S & 100 IM) and £5.50 per event (unlicensed events – 25m).

**Refunds:** will only be given in the following circumstances:

- a) Where it has been necessary to restrict entries
- b) After the closing date and up to the day before the gala, refunds will be provided on receipt of proof of injury/ medical condition through a doctor's certificate (or equivalent).
- c) Due to any exceptional circumstance that is deemed appropriate by the Promoter.
- d) No refunds will be given for incorrect entries and the Promoter's decision is final.
- e) All refunds will be made to the club/person who submitted the entries.

**Closing Date:** Closing date for entries is midday Friday 3rd April 2026.

**Accepted Entries:** Accepted entries will be confirmed by Friday 10<sup>th</sup> April 2026.

**Qualifying Times:** There are no qualifying times for this meet. **To clarify this meet is aimed at beginners/those swimmers that are not used to competing – ie. Non-County qualifiers.**

**Meet Procedure:** This is a **SIGN OUT** competition.

Events will be seeded in the morning of the meet when withdrawals close.

All events will be swum on a heat declared winner basis.

Events will be swum with all age groups and Female/Male Open categories combined.

Over the top starts may be used at the discretion of the Referee.

It is the responsibility of the swimmer to report to the marshalling area in sufficient time for each event. 7Oaks Swimming Club will not be held responsible for any swimmer missing the start of their heat.

The events schedule is available in the meet pack.

**Marshalling:** Marshalling will be in place at various points of the pool deck and will be clearly sign posted. It is the **SWIMMERS** responsibility to report to marshalling for the event at least 15 minutes prior to their event. Failure to do so may result in the place being lost and filled by an alternate or a reorganisation of the events. As a general rule it is good practice for a swimmer to report to marshalling at least 2 events before their race.

**Results:** Results will be available as the meet progresses on the pool side and on the spectator's gallery shortly after each event, should the Meet Mobile system not be working.

**Pool Passes:** Clubs are reminded that it is their responsibility to ensure that swimmers entered under their name are supervised, at all times, by Coaches & Team managers & Chaperones in compliance with the Swim England Team manager Policy <https://www.swimming.org/swimengland/swim-england-relases-supervisionratios-policy/>

Coaches' and Team managers passes are free to competing clubs. Access to poolside is restricted to swimmers competing in the session, coaches, team managers and chaperones in possession of poolside passes, accredited officials and volunteers. With the exception of swimmers, everyone on poolside must wear a visible poolside pass. Volunteers', officials' and chaperones' will be issued with complimentary poolside passes for the periods they are working.

All club representatives supervising athletes shall abide by the Swim England Wave power policies and guidelines and shall have completed appropriate training in accordance with those policies and guidelines. Clubs shall ensure that they comply with Swim England Supervision ratios.

**Officials:** Clubs entering are politely requested to assist by providing 3 officials and are reminded that without sufficient officials, the meet may not satisfy the licencing

conditions. If you are a qualified official and can officiate for any session(s), please contact Anna Robinson on 'officials@sevenoakssc.org'

Officials will be warmly welcomed, provided with pool side refreshments and reimbursed for reasonable travel expenses.

**Spectators:** Adult spectator admission is £5 per session or £9 per day. Children under 16 are admitted free. There is a café and vending machines at the venue.

**Car parking:** Parking at the leisure centre can be limited during weekends. Alternative parking is available in the town centre. Free parking for 2.5 hours is available to all those attending the leisure centre by inputting your vehicle registration number in the machine at the entrance to the leisure centre. Parking after this 2.5-hour period is chargeable via the machines in the car park or the MiPermit parking app.

**The pool:** is 25m, six lanes, with anti-wave lane lines, Omega wedge starting blocks, electronic timing and scoreboard. The pool depth is 1.8 m at the start end.

**Secondary Strobe:** A secondary strobe will be available.

**Awards & Results:** The electronic timing display results are only provisional and may be overruled by the Referee. Awards will be made to the top six swimmers in each 'age group' and medals can be collected from the medals table after the results of that event are published. No medals will be posted. Results will also be passed onto Swim England for inclusion in the rankings.

**Warm Up:** Warm up times are published in the schedule of events in the meet pack. Swimmers and coaches must ensure that they take no action that would endanger themselves or others. Swimmers should swim in the direction indicated by the announcer/lane direction cards. Swimmers must swim in their appropriate warm up. Sprint lanes will be announced and not diving is not permitted unless under the supervision of club coaches.

**Swim Down:** No swim down facility is available.

**Starts:** It is the responsibility of the competitor and coaches to ensure that all swimmers are competent to the standard of the Swim England competitive start award to perform a shallow racing dive into the water. Swimmers are permitted to start in the water for all events but must advise the referee of this prior to the start of their heat. In the event of a false start, the swimmer must make a safe entry. The competition will operate over the top starts throughout, at the referee's discretion, except for the backstroke events. A secondary strobe will be provided at the meet for any deaf swimmers (S15). Coaches are to notify the Promoter or Referee before the event, if they have any swimmers attending that require the secondary strobe.

**The referee's decision is final.**

**General Safety:** All participants must observe the safety precautions in operation at Sevenoaks Leisure Centre and follow the instructions of the pool staff and meet organisers. Neither the promoters nor 7Oaks Swimming Club will be responsible for any loss or damage during the meet. The Promoter and pool management reserve the right to remove any person from the pool area, whose behaviour is either unsafe to

themselves or others or against the pool rules, promoter's conditions or the efficient running of the meet.

**Photography:** Anyone wishing to take still or digital photography (including the use of mobile phones or other devices to do this) must, do so in accordance with Swim England Child Protection guidelines (Wave power). Photographic equipment should not be used at any time in the changing areas.

**Behaviour:** The promoters and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against pool rules or is affecting the running of the meet. Anyone found causing damage or misbehaving will be banned from the meet.

**Data protection:** By entering the event you consent for 7Oaks Swimming Club to hold and distribute as necessary, the personal information given by you on paper or by electronic means to run the meet. The results, including personal information they contain, will be publicly available and shared with British Swimming for entry in the rankings.

**Photography:** Anyone wishing to carry out video, zoom or close-range photography must be in accordance with 'Swim England Wave power'. These conditions also apply to swimmers on poolside. The taking of photos or videos in changing rooms is strictly forbidden. Anyone found taking photos/videos in the changing area may be asked to leave the premises and will not be permitted to race.

**Unacceptable Behaviour:** Behaviour becomes 'unacceptable' when it is considered 'offensive' to other; this includes, but is not limited to, the following: theft, wilful damage to property and/or equipment, acts of vandalism, abuse of alcohol and/or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute.

**Jewellery:** For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups, swim downs and/or competition. This includes watches, necklaces, chains, bangles, wristbands, earrings (except small studs) and rings (except wedding bands). 7Oaks Swimming Club will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

**General Condition:** The gala promoter has the right to change any aspect of the gala to ensure the smooth running and fairness of the event. If changes to the conditions are required prior to the event the promoter will consult with the SE Region Licensing panel and details of the changes will be published on the club website and by email to the competing clubs.