



Sevenoaks Swimming Club

Presents

SUMMER SPRINT 2026

LEVEL 3 MEET
LICENSE NO. 3SE261713

Saturday 4th July 2026

Sevenoaks Leisure Centre, TN13 1LW

6 Lanes – 25m Pool; Omega Wedge Starting Blocks; Electronic Timing;
Anti-wave Lane Ropes; Backstroke Starting Ledges

Entries Close: Friday 19th June 2026 at 5pm

<https://www.sevenoakssc.org/our-meets/>

PROMOTERS CONDITONS

The competition is promoted by Sevenoaks Swimming Club which is affiliated to 'Swim England South-East Region'. The competition will be held under 'Swim England' Laws, Regulations, Technical Rules of Racing and the Promoters Conditions. The event is licenced at Level x.

VENUE

Sevenoaks Leisure Centre, Buckhurst Lane, Sevenoaks, Kent, TN13 1LW

FACILITIES

Six lane 25m pool, electronic timing with scoreboard. anti-wave ropes, Omega wedge starting blocks and Backstroke Starting Ledges are available. A secondary strobe light is available - swimmers requiring this are requested to declare this with their entry.

EVENTS

50m & 100m in all strokes & 100 & 200IM.

AWARDS & MEDALS

Awards will be made in the following age groups: - 9,10,11,12,13,14,15,16 & 17/over.

Medals will be awarded to the top 6 Female and Open/Male swimmers in each age group. Medals should be collected at the medals desk.

Ages are as at the date of the meet.

HOT HEAT PRIZES

Random 'hot heats' will be announced throughout the meet, where winners of that heat will receive a spot prize.

ENTRY FEES

Entry fees are £7.50 per event.

CLOSING DATE

The closing date for entries is midnight on Friday 19th June 2026 at 5pm.

ELIGIBILITY FOR ENTRY

Swimmers must have current 'Swim England', 'Scottish Swimming' or 'Swim Wales' membership to enter.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category swimmers confirm that

their birth sex is female. The 'Male/Open' category is for birth sex males and any other swimmer who is not eligible for the female category.

All swimmers must be 9yrs or over on the date of the competition.

This competition is a closed meet restricted to swimmers of 7Oaks Swimming Club. Should however space allow or if there is an insufficient number of officials available to meet the Licensing requirements of a Level 3 meet, the Promoter reserves the right to consider entries from other clubs or individual swimmers providing they provide the requisite number of officials.

QUALIFYING TIMES

This Level 3 Meet has Upper Qualifying Times - please see attached. All entries must be slower than these.

Long course conversions may be used. Random checks on entry times will be made.

SUBMITTING/ACCEPTED ENTRIES

Entries should be made by the Hy-Tek Meet Manager software, in your Swim Manager Account.

It is the swimmer's and parent/guardians' responsibility to check the confirmed entry list and inform event management (meetpromoter@sevenoakssc.org) of discrepancies or errors. This must be raised within 72 hours of the confirmed entries being published. Failure to do so may result in swimmers being excluded from events.

Once entries have been published as accepted, entry fees will NOT be refundable, except when due to injury or illness and where a doctor's certificate is provided.

REJECTIONS/OVER SUBSCRIPTION

Entries may be restricted to keep the session times within appropriate timescales – entries will be accepted on a first come first served basis. Please note the closing date for this meet.

If the meet is undersubscribed, the Promoter reserves the right to accept late entries providing that priority has already been given to entries received before the closing date.

WITHDRAWALS

An online withdrawal system will be in operation. A specific QR code will be provided at least one week before the gala. The QR code needs to be scanned on a smart phone, which links to a withdrawal sheet that is sent automatically to the Meet Management Team.

Withdrawal must be made no later than the start of the warmup for each session and should be done by and following consultation with a swimmer's squad Coach.

No refund for entry fees will be made for withdrawals after the closing date unless supported with a doctor's note. Where a medical withdrawal is necessary, the doctor's note will be accepted until **midday on the day before the start** of the meet. Withdrawals after this time will not be considered for refunds. No refunds will be given other than on medical grounds.

REFUNDS

Refunds will not be given for swimmers withdrawing after the closing date or for any errors or omissions attributable to the individual or their club. Refunds will only be given to individuals who can prove they are unfit to compete on medical grounds as detailed in 'Withdrawals' clause. All refunds will be made to the club who submitted the entries.

MEET PROCEEDURE

This is a SIGN OUT meet. Please use the specific meet QR code (procedure detailed above) for all withdrawals.

MARSHALLING

Swimmers must report to the event marshals before the start of their event and competitors not reporting in time may not be permitted to swim.

Events will be swum with all age groups combined. All heats will be spearheaded. Over the top starts may be used at the discretion of the referee.

Marshalling will be in place at various points of the pool deck and will be clearly sign posted. It is the **SWIMMERS RESPONSIBILITY** to report to marshalling for the event at least 15 minutes prior to their event. Failure to do so may result in the place being lost and filled by an alternate or a reorganisation of the events. As a rule, it is good practice for a swimmer to report to marshalling at least 2 events before their race.

RESULTS

Results will be available as the meet progresses on Meet Mobile.

You are reminded that times on the scoreboard are not official and should be used as a guide only. Results are not official until authorised by the Referee.

POOLSIDE ATTENDANTS

Team Managers/Coaches will only be allowed on poolside if wearing a pass.

Coaches and Team Managers must be club trained personnel and clubs are asked to maintain the minimum supervision ratios for single day of competition for athletes under the age of 18 years, including for individual entries (**Swim England Team Manager, Coach and Chaperone Policy 2023**)

Untrained parents without DBS checks are NOT allowed poolside.

OFFICIALS

The event needs a minimum of 16 officials for each session.

All swimmers/parents are reminded that without sufficient officials, the meet may not satisfy the licencing conditions. If you are a qualified official and can officiate for any session(s), please contact Anna Robinson on (officials@sevenoakssc.org).

SPECTATORS

Adult spectator admission is £5 per session or £9 per day. Children under 16yrs will be admitted free of charge.

CAR PARKING

There are several parking facilities around the leisure centre with differing parking charges. Please refer to the relevant signage. Two and a half hours of free parking is available at the leisure centre by those using the same by entering your car registration in the machine at reception. We would also recommend downloading the MiPermit App prior to the event.

THE POOL

Is 25m, six lanes with anti-wave lane ropes, Omega wedge starting blocks, electronic timing and scoreboard and backstroke starting ledges. The pool depth is 1.8m at the start end and 0.9m at the turn end.

SECONDARY STROBE

A secondary strobe is available should it be required. Please notify the Promoter on meetspromoter@sevenoakssc.org prior to the meet date.

WARM UP AND STARTING INFORMATION

The pool is available for warm up only during the designated times.

During the warmup swimmers and coaches must ensure that they (and swimmers in their charge) take no action which would endanger themselves or others.

The instructions of the warmup marshals or pool staff must be obeyed immediately.

Diving is not permitted in the warmup until sprint lanes are announced and then only in the sprint lanes under supervision by club coaches.

WARM DOWN POOL

There is no warm down pool available

GENERAL SAFETY

All participants must observe the safety precautions in operation at Sevenoaks Leisure Centre and follow the instructions of the pool staff and the meet organisers.

Neither the Promoters nor Sevenoaks Swimming Club will be responsible for any loss or damage during the meet.

The Promoter and the Pool Management reserve the right to remove any person from the pool area whose behaviour is either unsafe to themselves or against the pool rules, Promoters Conditions or the efficient running of the meet.

DATA PROTECTION

By entering the event you consent for Sevenoaks Swimming Club to hold and distribute as necessary, the personal information given by you on paper or by electronic means to run the meet.

The results including personal information they contain will be publicly available and shared with Aquatics GB for entry in the rankings.

PHOTOGRAPHY

Anyone wishing to carry out video, zoom, or close-range photography must be in accordance with Swim England Wavepower 2025.

These conditions also apply to swimmers on poolside. The taking of photos or videos in changing rooms is strictly forbidden.

Anyone found taking photos/videos in the changing area will be asked to leave the premises and will not be permitted to race and will be reported to Swim England as per the policy.

UNACCEPTABLE BEHAVIOUR

Behaviour becomes 'unacceptable' when it is considered 'offensive' to others; this includes, but is not limited to, the following: theft, wilful damage to property and/or equipment, acts of vandalism, abuse of alcohol and/or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute.

JEWELLERY

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups, swim downs and/or competition.

This includes watches, necklaces, chains, bangles, wristbands, earrings (except small studs) and rings (except wedding bands). Sevenoaks Swimming Club will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

GENERAL CONDITIONS

The gala promoter has the right to change any aspect of the gala to ensure the smooth running and fairness of the event.

If changes to the conditions are required prior to the event the Promoter will consult with the SE Region Licensing panel and publish details of the changes on the club website and by email to those accepted to race at the competition.