

# ST IVES SWIMMING CLUB

# NEWSLETTER July/ August 2025



As we head into a well-earned summer break, here's our final update of the season!

#### **Y** June Highlights

June was packed with great performances at:

- Junior Fenland League (Round 3)
- County Development Champs
- COPS Summer Meet
- Well done to all swimmers ... so many PBs, medals, and brilliant team spirit on display!

#### Summer Training

In addition to the Oundle Summer Camp, we're running Summer Maintenance Sessions for all competitive squads. Details below on how to join in.

#### Thank You Volunteers

Huge thanks to those stepping into Officiating and Team Manager roles — you're essential to our club's success and future events like Club Champs. Keep an eye out for more info soon!

### **UPCOMING EVENTS**

24 JUL - Last day of training

01 SEP - First day of training (ALL Squads)

27 SEP - SISC CLUB CHAMPS

18 OCT - SISC CLUB CHAMPS

22 NOV - SISC CLUB CHAMPS

#### 🦄 Summer Social

Due to a packed calendar, we've made the tough call to cancel this year's Summer Social. Instead, we'll channel our energy into making February's Awards Evening extra special!

#### Summer Wishes

Wishing all swimmers a happy, restful summer! For those not training in August, we can't wait to see you back in the pool in September.

### Muneni SISC Chairperson



### **JUNIOR FENLAND LEAGUE (JFL)**

\*\*Selected swimmers only will be notified by email\*\*

5 JUL - ROUND 4

13 SEP - FINAL

#### **OTHER EVENTS**

SIGN UP!

6/10/13/15 AUG - SUMMER MAINTENANCE

Sign up via Swim Manager Shop

18/19/20 AUG - OUNDLE SUMMER CAMPS

Sign up vnow closed

# Last day of training - Thursday 24th July All squads to return from Monday 1st September





#### △ Junior Fenland League – Round 3 Recap

A big well done to all swimmers who took part in Round 3, hosted at home against Ely, Huntingdon, and March 'Pink'. It was an exciting evening, with a close contest between St Ives and Ely — Ely just edged the win.

The team showed fantastic determination and spirit throughout. With one preliminary round to go before September's finals, St Ives is currently tied for 4th with March 'Blue'. The next round will determine whether we make the 'A' or 'B' final.

Best of luck to everyone in the upcoming round - we're right behind you!

# SWIMMER SPOTLIGHT

## Summer Maintenance Sessions August 2025

We're pleased to offer four Summer
Maintenance Sessions this August — a great
way to stay swim-fit ahead of a busy
competition season in September!
Sessions are just £1 per swimmer, and
sign-up is available now via Swim Manager.

#### "5" Session Dates & Times:

- Wednesday 6th August
  - 7:00–8:00pm: Nemos, Minnows, Marlins
  - 8:00-9:00pm: Dolphins, Silver Sharks, Gold Sharks
- Sunday 10th August
  - 4:05–5:05pm: Nemos, Minnows
  - 5:05–6:05pm: Marlins, Dolphins
  - 6:05–7:05pm: Silver Sharks, Gold Sharks
- Wednesday 13th August
  - 7:00–8:00pm: Nemos, Minnows, Marlins
  - 8:00-9:00pm: Dolphins, Silver Sharks, Gold Sharks
- Friday 15th August
  - 5:05–6:05pm: Nemos, Minnows
  - 6:05–7:05pm: Marlins, Dolphins
  - 7:05–8:05pm: Silver Sharks, Gold Sharks

Swimmer
Spotlight – Farewell
to Cathy Thompson

This month, we say a fond farewell to Gold Shark swimmer Cathy Thompson, who is retiring after an incredible 17 years



with St Ives Swimming Club. Cathy has competed at all levels, both individually and in team events, and has been a shining example of dedication, discipline, and team spirit. She's inspired countless younger swimmers and been a true asset to our club.

Her positive impact goes far beyond the pool, and she'll be greatly missed by teammates and coaches alike.

Thank you, Cathy
We wish you all the very best for the future!

These sessions are a great way to stay active over the summer and ease back into training ahead of the autumn season. We look forward to seeing many of you there!