



Thetford Dolphins Swimming Club

Affiliated to Swim England East Region and Swim England Norfolk

Tony Hegarty Club Championships and Age Groups Competition 2026

Waterworld, Thetford

Held under Swim England Regulations, Technical Rules and Swim England Meet Licensing Criteria.

Level 4 Licence

Licence Numbers: 4ER262412, 4ER262413, 4ER262414, 4ER262415, 4ER262416

Meet information and conditions:

1. Annual Club Championships and Age group Competitions are intended to encourage swimmers to compete in a number of different events and give swimmers an opportunity to qualify for the Norfolk County Championships,
2. The competition is a Level 4 licensed meet, held under Swim England Regulations, Technical Rules and Swim England Meet Licensing Criteria.
3. The competition is only open to members of Thetford Dolphins Swimming Club who are registered with Swim England as either a Club Train or Club Compete member and are up to date with their monthly fees.
4. The promoters are Michelle Brown and Melanie Jones on behalf of Thetford Dolphins Swimming Club.
5. Waterworld is a 6 lane 25 metre pool with anti-wave rope lanes and electronic Daktronics AOE. Depths: Deep end 1.8m, Shallow end 1.0m.
6. The events will be swum as Open/Male & Female in accordance with the attached schedule.
7. Events will be swum on the designated days unless a higher than expected number of entries are received or there are technical issues with the pool equipment. If either of the situations should occur, swimmers will be given an opportunity to swim at a later session (time permitting) or on one of the reserve days which are 12th October 2026 and 15th October 2026, subject to the promoter and the Referee's approval.
8. All events will be heat declared winners. There will be no age group finals.
9. All heats will be spearheaded according to the submitted entry times (not by age).
10. Over the top starts may be used at the Referee's discretion.
11. Results will be declared by the following age groups: 9 years & Under, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years, 16 years & Over.
12. Age as at 31st December 2026.
13. Perpetual trophies will be awarded for 1st place and medals awarded to the top 6 places in all 100m events in each age group. Medals will be awarded to the top 6 places in all 50m and all 200m events in each age group.
14. Events summary - 50m all strokes; 100m and 200m all strokes and IM.
15. No qualifying times are required.
16. Entry fee £6.50 per event or a £35.00 bundle, per swimmer, when entering 6 or more events.

17. Submitted entries and full payment shall reach the entry administrator by midday 21st September 2026.
18. Results will be supplied to Aquatics GB for entry into the National Ranking Database.
19. The promoter reserves the right to reject entries by event or session to ensure that the gala meets the Swim England Open Meet Licensing Criteria. Rejections will start with the swimmers without entry times and then the slowest swimmer in each age group and continue until the gala meets the criteria.
20. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
21. In accordance with the Swim England Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends or through social media. Whilst it is acknowledged that swimmers wish to celebrate their achievements when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.
Should individuals have any concerns about photography, filming, or any other safeguarding concerns at the event, this should be brought to the immediate attention of the Promoter. The publishing of a photograph or video footage on any social networking site is governed by Wavepower and participants and spectators are requested to follow SE guidelines which can be found in Wavepower: <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>
22. **Mobile devices must not be used under any circumstances in the changing village.**
23. All participants must observe the safety precautions in operation at Waterworld. Neither the Promoter nor Thetford Dolphins Swimming Club will be responsible for any loss or damage occurring at this meet.
24. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
25. Entries to the meet will be held on a computer. Consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the meet, on application to the Promoter.
26. Any matter not covered by these conditions will be determined by the Promoter and the Referee, subject to Swim England Laws, Regulations and Technical Rules of Racing.

Schedule of events:

Date	Time		Event	
Monday 28/09/2026	19:00 – 21:00	Female	100m	Freestyle
		Open/Male	100m	Freestyle
		Female	200m	Butterfly
		Open/Male	200m	Butterfly
Thursday 01/10/2026	19:00 – 21:00	Female	100m	Butterfly
		Open/Male	100m	Butterfly
		Female	200m	Freestyle
		Open/Male	200m	Freestyle
Monday 05/10/2026	19:00 – 21:00	Female	100m	Backstroke
		Open/Male	100m	Backstroke
		Female	200m	Breaststroke
		Open/Male	200m	Breaststroke
Thursday 08/10/2026	19:00 – 21:00	Female	100m	Breaststroke
		Open/Male	100m	Breaststroke
		Female	200m	Backstroke
		Open/Male	200m	Backstroke
Saturday 10/10/2026	18:00-21:00	Female	100m	Individual Medley
		Open/Male	100m	Individual Medley
		Female	50m	Breaststroke
		Open/Male	50m	Breaststroke
		Female	50m	Freestyle
		Open/Male	50m	Freestyle
Sunday 11/10/2023	17:00-20:00	Female	200m	Individual Medley
		Open/Male	200m	Individual Medley
		Female	50m	Backstroke
		Open/Male	50m	Backstroke
		Female	50m	Butterfly
		Open/Male	50m	Butterfly