



Wantage White Horses Swimming Club

Code of Conduct - Swimmers

Wantage White Horses Swimming Club complies with Codes of Conduct recommended by Swim England for everyone involved in swimming. Set out below is the Club's Code of Conduct for all swimmers in the form of a 'contract'.

A. General behaviour

- A1. I will treat all members of, and persons associated with, the Swim England with due dignity and respect.
- A2. I will treat everyone equally and never discriminate against another person associated with Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
- A3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
- A4. I will display a high standard of behaviour at all times whether at galas, swim training sessions or land training.
- A5. I will always report any poor behaviour by others to an appropriate officer or member of staff.
- A6. I will recognise and celebrate the good performance and success of fellow club and team members.
- A7. I will ensure that my coach is aware of any medical condition that I may have and that it is recorded in my records and in relation to any condition that may require a prescribed medicine, I will ensure that have access to it on poolside e.g. inhaler.
- A8. I will adhere at all times to the Club's Communication Policy, especially with regards to electronic communications.

B. Training - Poolside

- B1. I will treat my coach and fellow members with respect at all times.
- B2. I will make my coach aware if I have difficulties in attending training sessions.
- B3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
- B4. I understand that if I arrive late, I must report to my coach before entering the pool.
- B5. I will ensure that I have all of my equipment with me, e.g. paddles, kick boards, hats, goggles, etc.
- B6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
- B7. I will listen to what my coach is telling me at all times and obey any instructions given.
- B8. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
- B9. I will not stop and stand in the lane, or obstruct others from completing their training.
- B10. I will not pull on the ropes as this may injure other members.
- B11. I will not skip lengths or sets – to do so means I would only be cheating myself.
- B12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
- B13. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

C. Training – Changing rooms

- C1. I will respect the privacy of others, especially in the use of changing facilities.
- C2. I will behave with respect and be courteous to members of the public who are using shared facilities.
- C3. I will ensure that I adhere to the rules and standards of the leisure centre regarding footwear and behaviour when using the changing facilities.
- C4. I will take responsibility for the security of my belongings and I will not leave valuables unattended in the changing facilities.
- C5. I understand that the Club is not responsible for me whilst I am in the changing rooms or elsewhere in the leisure centre unless I am poolside.

D. Galas and competitions

- D1. At competitions, whether at open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.
- D2. I understand that I will be required to attend events and galas that my coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
- D3. I understand that it is important for the Club to maintain a sense of identity therefore I will wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.
- D4. I will report to my team manager and/or coach on arrival on poolside.
- D5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
- D6. I will be part of the team. This means I will stay with the team on poolside.
- D7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
- D8. After my race, I will report to my coach for feedback.
- D9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
- D10. I will swim down after the race if possible, as advised by my coach.
- D11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
- D12. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.
- D13. If I have to leave the building within which the gala is being held before the event is complete, I will notify my coach or team manager and I understand that this would be at my own risk.

I have read and understand my obligations as set out in this Code of Conduct:

Signature: _____

Print name: _____

Date: _____